

SUMMER Classes 2017

JULINGTON CREEK
 106 Julington Plaza Dr
 (904) 230-6291/230-7778

FRUIT COVE
 778 N State Rd. 13
 (904) 230-0408/287-4619



SUMMER Classes 2017
106 Julington Plaza Dr. 230-6291
778 N State Rd. 13 230-0408
www.TumblingKids.com
Jacksonville, Fl 32259



Monday	
4:00	TUMBLING A 6-8
5:00	TUMBLING B 8-12
6:00	TUMBLING C 8-12
Tuesday	
10:30	Tumbling/Gymnastics 3-4
4:00	TUMBLING 3-4
4:45	TUMBLING B 6-8
5:45	TUMBLING A 6-8
6:45	BOYS CLASS A+B 7-12
Wednesday	
4:00	TUMBLING 3-4
4:45	TUMBLING A 6-8
5:45	TUMBLING 5-6
6:30	TUMBLING B 8-12
Thursday	
4:00	TUMBLING 4-5
5:00	TUMBLING B 8-12
6:00	TUMBLING C 9-12
Friday	
4:00	GYMNASTICS I 7-11
5:00	TUMBLING A/B 6-8
5:45	TUMBLING 3-4

Monday	
4:15	TUMBLING A 6-8 / GYMNASTICS I 7-11
5:15	TUMBLEGYM 5-6
6:00	GYMNASTICS 3-4
6:45	TUMBLE A/B 8-12
7:40	PRIVATE LESSONS
Tuesday	
4:00	TUMBLING A 5-6
4:00	GYMNASTICS I 7-11
5:00	TUMBLING B 7-11
6:00	TEAM (1.5 hours)
7:30	PRIVATE LESSONS
Wednesday	
4:00	GYMNASTICS 3-4
4:45	GYMNASTICS 5-6
5:45	GYMNASTICS I+II 7 & UP
6:45	TUMBLING C 7-12
7:40	PRIVATE LESSONS
Thursday	
4:00	GYMNASTICS 5-6
4:45	GYMNASTICS II 7-11
5:45	GYMNASTICS 4-5
6:30	TEAM (1.5 hours)
Friday	
4:00	GYMNASTICS I 7-11
5:00	TUMBLING A/B 6-8
5:45	TUMBLING 3-4

Summer Program
2 SESSIONS BY 4 WEEKS EACH
JUNE 5TH –JUNE 30TH
JULY 3RD-JULY 28TH
 (July 4th can be made up within given schedule)
 Program Cost: Non Refundable \$ 25.00 will be due at the time of registration & will be applied toward summer fee
 4 weeks: \$ 80.00 for 1 class a week and \$115.00 for 2 classes week
 Private classes: 30min \$ 40.00
Combine tumbling with dance and receive 10% off Tumbling fee

Open Gym Fridays Private classes
Birthday Parties

E-mail: info@tumblingkids.com



Tumbling Kids Julington Creek
 106 Julington Plaza Dr.
 Next to Mark Spivak's Julington Creek
 Dance Extension 230-6291, 230-7778

Tumble A

Students are introduced to foundational tumbling skills that are necessary for all future tumbling skills.

Skills

Forward Roll, Backward Roll Down Wedge Mat Lunge, Handstand, Lunge Cartwheel, Standing Backbend

** All classes will be taught in progressive steps. Each Student will be challenged and progressed at their own pace and will only advance when ALL listed skills are mastered.

Tumble B

Students will review and refine skills from Tumble A and be introduced to new tumbling skills involving lateral rotation.

Skills

Hold Handstand for 3 Seconds, Round Off, Back Walkover

Front Limber, Front Walkover

** All classes will be taught in progressive steps. Each Student will be challenged and progressed at their own pace and will only advance when ALL listed skills are mastered.

Tumble C

Students will review and refine skills from Tumble B, start skill combinations, and be introduced to new tumbling skills involving handsprings and saltos.

Skills

Back Handspring, Double Back Handspring, Round Off

Tumbling Classes offered at both schools

Students will learn foundational tumbling skills, jumps, and stretches necessary for Beginner cheerleading .

Skills

Handstand, Cartwheel, Round Off, Back walkover Front Walkover, Front Handspring, Back Handspring Round Off Back Handspring, Back Tuck, Front Tuck



Tumbling Kids Fruit Cove
 778 N State Rd. 13 next to
 Mark Spivak's Fruit Cove Dance
 Extension (904) 230-0408/287-4619

Tumbling A, B, C

Level I, Level II and Level III

Floor exercise included all of the above as in tumbling including straddle rolls, one arm cartwheels, back extension rolls, and

Uneven Bars, Balance beam, Vault skills

Open Gym Fridays

Birthday Parties

Private & Semi Private classes

30min, 45min or 1 hour



Information & Rules for Tumbling Kids

What to wear: Girls-any color leotards (no stripes), no skirts, no tights.

Boys white tucked in T-shirt and black fitted sports shorts.

All may wear gymnastics shoes or bare footed.

Parent & Child classes: Children can wear leotard or comfortable closing, no shoes. All adults will need to remove their shoes before entering our gym room. You can wear socks.

Observation: we provide windows so you can observe classes. It is important for children to pay attention to teacher for safety & learning reasons. Please do not talk or coach your child through the window, do not wave to her/him for any reason; do not enter the gym room. It is important for teacher to have undivided attention of all kids.

Summer Tuition due prior to session and is not refundable.

Make-up classes. There is no extra cost for Make-up classes. You will need to call the office to schedule it due to limited space in classes. It can be made up within a given month only at any class available on the schedule appropriate for student's ability or a level lower with current up to date tuition.

Please notify us in advance if you are planning to miss in order to receive a make class. "Make-up" classes may not be accumulated.

We do not provide refund or credit for missed classes.

You may withdraw from classes with Written withdraw note to Tumbling Kids 30 days prior to the date. **This note needs to be in the office 30 days before of the beginning of the new month in order not to be charged for it. Verbal or phone cancellation will not be accepted.**